

# Sahaja Yoga Central Committee of India

(Formed as per instructions given on July 20, 2008 by Mataji Shree Nirmala Devi, after Guru Puja)



communications@syccindia.org

www.syccindia.org

Her Holiness Mataji Shree Nirmala Devi  
(Founder of Sahaja Yoga)

## Communication from

### The Sahaja Yoga Central Committee of India (SYCCI)

#### Real status of children of Her Holiness Mataji Shree Nirmala Devi

Dear Brothers and Sisters,

**JAI SHREE MATAJI**

#### Background:

A) Recently, an email was sent to The Sahaja Yoga Central Committee of India (SYCCI) and The Life Eternal Trust, Mumbai by a European sahaja yogi, on the issue of real status of children of Her Holiness Mataji Shree Nirmala Devi. The email is self-explanatory and is attached as Annexure A.

B) Also, we came to know that a senior sahaja yogi and an ex-trustee of an Indian Sahaja yoga Trust, was heard commenting few years back, that only one daughter is born to Shree Mataji and one is adopted. Recently, the same sahaja yogi was heard saying Mrs. Sadhana Varma is the only real daughter of Shree Mataji. This gossip has only increased in recent months and has spread amongst the Sahaja collective a lot.

It is in this backdrop, that we have decided to issue this communication to clarify the critical and significant questions raised, so that history of Sahaja yoga is viewed in the right light for posterity by all future sahajis.

#### C) Our observations:

1) We came across four speeches of Shree Mataji which clearly puts light on the subject:

i) *"As you know I have so many children all over the world apart from the one whom I actually physically gave birth."*

Birthday Puja, Sydney (Australia) 21 March 1983.

<https://www.amruta.org/1983/03/21/birthday-puja-1983/>

The transcript was originally reading as "ones" and we thank the Amruta team for correcting the transcript promptly to replace the word "ones" to "one".

The transcript clearly says that **Shree Mataji gave birth physically to only one child.** Shree Mataji has been a master of communication and no one can doubt Her words or the meaning She wanted to convey.

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ii) *"But how these people who were absolutely at the bottom, who did nothing for the country, sacrificed nothing for the country, just came up on top and all the good people went down. If you read the history of Shivaji, or Rana Pratap, or any of them, Shalivahana, anyone, you'll be surprised how they used to worship Shakti. All the Kshatriyas used to worship Shakti, and they would go up to a point and not beyond. Up to the point till the dharma was there. That history I cannot repeat it to you. But in the subtle way, one feels that this partition suddenly changed the attitude of people, or I should say those who were very low-level they came up. I remember I was here at that time, partition time, and I was married and three people came to Me. **I was sitting outside in the garden, knitting something for My child because I was pregnant.***

*So they came, and they looked at Me and they said, "Can we have one room in your house?" I said, "Why not, I've got it. It's a very big house of My father. I'll give it to you."*

Shri Rajlakshmi Puja, New Delhi (India), 4 December 1994.

<https://www.amruta.org/1994/12/04/shri-raja-lakshmi-puja-delhi-1994/>

iii) *"I will give you one simple example of My own life which will tell you how love can work it out. I was a housewife to begin with and to end with, I think. **And once I was in Delhi, My daughter was to be born, so I was knitting something for her, sitting outside in the lawn,** when three persons walked into the house, one lady and two men and they came and said, "See now we are – I am a housewife and these two are, one is my husband and he is the friend of my husband and he is a Muslim, and we have come to you for shelter because we are refugees." I looked at them, they looked very good to Me, they were quite all right. I said, "All right you please settle down in My house."*

Shri Fatima Puja, Switzerland, 14 August 1988.

<https://www.amruta.org/1988/08/14/shri-fatima-puja-switzerland-1988/>

iv) *"My own sister-in-law was more attached to Me than to My husband for the same reason because I would always protect her against even the husband. Though he is her brother, I mean, naturally they are very close to each other, naturally. But you should protect their interest to that extent. Then protect your servants, protect those who come to your house. That is her duty. If she does it, she can do it very well."*

*"Now, I will give you one of the examples in My own lifetime. I was in Delhi and that time this trouble had started of what you call the partition. And, many people ran helter-skelter. **And, once I was just sitting outside My father's house, I was knitting. Because Kalpana was to be born and I was knitting outside.***

*And, a lady came to Me and she said, "We are refugees, we have no place to go. And, will You be able to give me some place in Your house?"*

*I said, "All right."*

Diwali Puja, London (England) 27 October 1981

<https://www.amruta.org/1981/10/27/diwali-talk-lakshmi-principle-london-1981/>

The above Speeches of Shree Mataji clearly show that it was Kalpana Didi, who Shree Mataji gave birth to in 1947, when India was going through partition (Note: Kalpana Didi's birth date is December 22, 1947). In 3 different speeches, Shree Mataji, talks about the birth of Kalpana Didi. She says that She was knitting, during partition, knitting for My child because I was pregnant since Kalpana was to be born.

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v) There is also a video of late Smt. Shashikala Meshram (Shree Mataji's youngest sister and mother of Sankalp Meshram) taken in the year 2008 in Italy, in which she explicitly talks about the birth of Kalpana Didi in great detail. The transcript of the same is given below:

*“Shashikala: I was in school, and when Kalpana was born, in the evening on the 22<sup>nd</sup> of December in Gwalior, I was doing matriculation, completing my school. So, she was born at 3 minutes past 6 on 22nd December, very cold. And my sister was slightly unconscious, due to profuse bleeding and all that.*

*So, my mother was with her the whole day, and my elder sister also. When I was asked to, and the ward which was reserved for her was not...hm..I mean usable at that time. So that night the nurse asked me to sit, she gave me a little sort of Dari, satranji. It was kind of...*

*Sahaj Yogini: Like a stole?*

*Sahaj Yogi: No, like a piece of cloth.*

*Sahaj Yogini: aah..okay*

*Shashikala: And...they put Kalpana in my lap, just newly born. And the shape of her head was like this.*

*Sahaj Yogini: Like a cone, yes..yes*

*Shashikala: And the nurse said, just go on, just softly patting it. So, the whole night I kept awake, keeping her in my lap... in intense cold.*

*And in the morning, it became rounded. So that very moment I fell in love with her.*

*Sahaj Yogini: Ya..ya..special*

*Shashikala: As soon as my exam was over I rushed to Delhi, they were living in Delhi.*

*And then Sadhana was born in 1950. Now in 2010 she'll complete 60 years. Then she wanted to have equal love and equal everything, whatever Kalpana got. And she would go and tell, when they were staying with us, she would go and tell the neighbours. That this auntie of mine, Shashi Mausai - she called. She says that she loves me as much as Didi, that is Kalpana. But actually, I feel that she loves me less, and she loves Didi more.*

*She was very sweet.”*

vi) All the sahaja yogis will vouch for the fact that Kalpana Didi's face has a striking resemblance with Shree Mataji's face. We have heard hundreds of sahaja yogis mentioning this fact, when they meet Kalpana Didi in public. Also, Kalpana Didi's manner of walking has a striking resemblance to that of Shree Mataji's manner of walking.

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## **Conclusion:**

For all of us sahaja yogis, the disciples of Shree Mataji, Her word is the absolute truth. We Sahaja Yogis believe and accept every word said by Shree Mataji - that Kalpana Didi is of Shree Mataji's blood and she is Her daughter.

Shree Mataji's speeches clearly mentions that:

- She gave birth to one child
- During the partition (1947), She was expecting Kalpana Didi for whom She was knitting. Kalpana Didi was born on 22nd December 1947

We can conclude from the above speeches of Shree Mataji and Smt. Shashikala's video testimony that:

- Shree Mataji gave birth physically to one child - Kalpana Didi
- Kalpana Didi is indeed the child born of Shree Mataji

ALL SAHAJA YOGIS KNOW THAT EVERY WORD SPOKEN BY SHREE MATAJI IS OF UTMOST SIGNIFICANCE TO EACH AND EVERY SAHAJA YOGI. She felt that it was important for us Sahaja Yogis to know that SHE GAVE BIRTH TO ONE CHILD- KALPANA DIDI.

**The Sahaja Yoga Central Committee of India  
May 2, 2026**

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## Annexure A

### Email by an European sahaja yogi, on the issue of real status of children of Her Holiness Mataji Shree Nirmala Devi

“Recently, while listening to the Birthday Puja in Sydney – 1983, I heard Shree Mataji say the following:

“As you know I have so many children all over the world apart **from the one whom I actually physically gave birth**. We have to think of all those today who are away from us, thousands of miles, praying to God Almighty for their spiritual ascent.”

See in Amruta the whole speech:

<https://www.amruta.org/1983/03/21/birthday-puja-1983/>

When I later read the transcript, I noticed that the phrase had been recorded as “**the ones** whom I actually physically gave birth”. I reached out to the transcriber, as I feel Mother’s speeches should always reflect **Her exact words**. The Nirmala Vidya Amruta Team identified and corrected the error immediately after our exchange.

However, Shree Mataji’s choice of words stayed with me. As we know, every word She spoke carried meaning and was never random. I was wondering if there is any context or background to Her saying “one whom I actually physically gave birth” that could help us understand this statement better.

Given the importance of accurately documenting the lives of Incarnations for future generations, so that no misunderstandings or distortions arise as they have in the past with previous manifestations of God who came to earth, I feel it would be valuable to preserve a clear explanation of this for posterity.”