



Communication from The Sahaja Yoga Central Committee of India (SYCCI)

Subject : Self searched matches / life partners in sahaja yoga collectivity

Dear Sahaji brothers and sisters,

It has come to our notice recently that some Sahaja Yogis, who are a small exception, are seen to be spoiling the sanctity and purity of Sahaja Yoga, by acting against the explicit instructions of Her Holiness Shree Mataji.

We bring to your attention, the sahaja maryadas to be observed regarding marriages in Sahaja Yoga and choosing one's life partners in Sahaja Yoga.

Her Holiness Shree Mataji has on numerous occasions spoken about the importance of establishing the purity of our Mooladhara and also on the sanctity of marriages. She has always warned yogis and yoginis not to search for a life partner within the Sahaja collective, as this is against the principles of Sahaja Yoga. In several cases when this has happened, the couple has been asked to step back from the Sahaja collective for a period of time.

One of the main principles governing the Sahaja collective is that of pure relationships between yogis and yoginis within the collective. Purity of relationships means that we should consider each and every yogi and yogini of the Sahaja collective as our brother or sister. Purity and auspiciousness are the qualities of our Mooladhara which is the chakra sustaining our Kundalini in Her ascent. Therefore, for the ascent of the entire collective, purity is one of the basis, without which any collective cannot grow either in spiritual depth or numbers. You will understand that parents will be very reassured about their children if these maryadas and protocols are maintained in the collective.

It is important to maintain the purity of the centres where the collectives meet and at every place of sahaja collectivity at all costs. There cannot be any compromise with this. Following the explicit instructions of Her Holiness Shree Mataji, members of the SYCCI, have absolute zero tolerance for such Asahaja activities.

Those who indulge in such marriages should be asked to stay away from the sahaja collectivity (i.e. centres and Pujas, and collective events). We also request all Sahaja yogis/yoginis to please not sanctify this marriage by participating in events related to this marriage in order to preserve the purity of the collective and follow Shree Mataji's explicit and repeated instructions in this regard.

Sahaja Yoga centers and coordinators should not permit any such impure relationship to be carried on within the collectivity. They must continuously counsel the collective Yuva Shakti members on the protocols and maryadas of maintaining purity of the collective. Parents of Yuvas are also advised not to search for matches for their sons and daughters within the sahaja collective for the same reason.

Sahaja Yoga Central Committee of India

(Formed as per instructions given on July 20, 2008 by Mataji Shree Nirmala Devi, after Guru Puja)



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Her Holiness Mataji Shree Nirmala Devi
(Founder of Sahaja Yoga)

We sincerely request all sahajis to denounce and discourage any such anti-sahaja activities/ events in every possible manner. This would go a long way in strengthening the purity of all Yuva Shaktis in Sahaja Yoga and the auspiciousness within the sahaja collective.

All the Members of The Sahaja Yoga Central Committee of India

Dated : December 24, 2023

In the interest of re-emphasizing the sahaja protocols, below are few quotes of Her Holiness Shree Mataji from Raksha Bandhan Puja, Hounslow, UK, 1984-08-11 on this subject :

*“...that though we have understood the importance of Mooladhara, which is a very important thing, that unless and until we establish our Mooladhara fully we are not going to have speediest ascent. Despite all that, there are lingering things you see around. Like, **people start choosing their life-partners in Sahaja Yoga. That is not allowed.** That is not allowed. You are not to spoil your Ashrams, your centres-using them for a marriage-searching society. You must respect this point, you must respect. If you have to marry, then you can find your life partners 'outside' Sahaja Yoga-to begin with. But if you want to marry 'in' Sahaja Yoga, then you should not go on searching people in Sahaja Yoga. It is very dangerous thing for Sahaja Yoga itself, and for you people. That is one thing one should never try to do with Sahaja Yoga. For all practical purposes you are brothers and sisters. And that's why I always encouraged marriage between people who belong to another country or another centre. As we are now having a big marriage programme, I would say that most of the marriages which were done like that are very successful than the marriages that were selected and were done. **It's very wrong to do such a thing as to arrange your marriage with a Sahaja Yogi by yourself. It will be dangerous. I don't want to say anything; but it wouldn't turn out to be good because it is anti-God activity. Absolutely anti-God. ...**”*

“You have got experiences of people who married outside and brought wonderful people to Sahaja Yoga. If you can do it, you should do it. But if you have to marry Sahaja Yogis, you should not marry them at the cost of destroying the purity and the idealism it has. For your own sake, for your own pleasures, you should not spoil the name of Sahaja Yoga. That is one thing I have seen, so I would say that today, as it is the day of purity between relationships, let us know that you have to treat each other as brothers and sisters. No such play should be followed. Don't allow your mind to drift into this. Because if you allow, then there's no end to it. As it is, you know how hard it is to bring you back to normal. When Christ had said, “Thou shalt not have adulterous eyes,” He didn't say it because it was not practical. It is quite practical for Sahaja Yogis.”

For more details we request you to read “Sahaja Marriages Principles and Protocols” on www.sahajayogamumbai.org”.