

Sahaja Yoga Central Committee of India

(Formed as per instructions given on July 20, 2008 by Mataji Shree Nirmala Devi, after Guru Puja)



Her Holiness Mataji Shree Nirmala Devi
(Founder of Sahaja Yoga)

communications@sycindia.org

Sahaja Yoga Central Committee of India **(www.sycindia.org)**

The SYCCI was formed in May 2013 as per the instructions of Her Holiness Mataji Shree Nirmala Devi, given after Guru Puja 2008, at Cabella, Italy. The Charter of Sahaja Yoga Central Committee was finalized at the meeting held on May 19, 2013 at Nirmal Dham, Delhi.

The Charter (para 4 and 9) states :

Unnecessary accumulation and centralisation of Money and properties should be discouraged. Local trusts and Sahaja Yoga institutions shall be autonomous to manage their own affair...

The only work for Sahaja Yogis is to spread the message of love and compassion of Her Holiness Mataji Shri Nirmala Devi – to spread Sahaja yoga in every nook and corner of this earth. This is only way we could fulfil the Divine vision of Shri Mataji. It should therefore be the top priority of Central Committee of India to apply itself to this divine task and provide all possible help and guidance to any centre or collectivity in need of it.

The earliest vision of Shree Mataji was expressed by Her in the Trust Deed of The Life Eternal Trust, Mumbai in 1972. It shall be the vision of SYCCI to adhere to it and to create many more LETs in India and abroad on the vision / objectives laid down by Shree Mataji. This documents mentions the manner in which this can be achieved and what shall be the role/ contribution of SYCCI.



Formation of The Life Eternal Trusts, across India :

i) Background :

The Life Eternal Trust (LET) is the name given by Her Holiness Mataji Shree Nirmala Devi Herself, and the name itself is very spiritual with deep meaning.

The Life Eternal Trust Mumbai is the Oldest and First Sahaja Yoga Trust, which was established by Her Holiness Mataji Shree Nirmala Devi Herself on 8th March 1972, signed by Her and personally registered by Her with the Charity Commissioner of Mumbai, Maharashtra. The objectives of the LET Mumbai as contained in the Trust Deed were written by Shree Mataji Herself. The objectives of the Trust as laid down by Shree Mataji as shown as Annexure I.

The Life Eternal Trust, Delhi is the one of the Oldest and Second Sahaja Yoga Trust, which was established by Her Holiness Mataji Shree Nirmala Devi Herself on 25th August 1983, signed by Her and personally registered by Her. The objectives of the LET Delhi as contained in the Trust Deed were written by Shree Mataji Herself.

Thereafter, several other LETs were formed, by Shree Mataji Herself. Many LETs were formed by sahaja yogis themselves with the support of the collectives across India. The list is attached as Annexure II a and b. (list is being updated)

ii) Vision of Shree Mataji :

Shree Mataji's vision is clearly expressed in the **LET objects, they go much beyond sahaja yoga**. As She says : "Sahaja yoga is just one of My aspects". **SYCCI shall endeavor to fulfil this vision of Shree Mataji.**

iii) Decentralisation of Sahaja Yoga:

Decentralisation is the main distinguishing feature of LETs. When Immovable property was to be bought at Delhi, Shree Mataji had formed The Life Eternal Trust, Delhi for operational convenience. She did not put it under the LET Mumbai and this continued further with formation of more LETs. She never wanted deep centralisation of powers associated with management of sahaja yoga activities. She never wanted concentration of powers into just one Trust.

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She wanted local sahaja collectivities to manage their own affairs and funds and carry on Sahaja Yoga work without any pressure or dictates coming from elsewhere or from top. She did not want any Vatican city type of organisation to be created.

This is the most important and distinguishing feature of LETs created by Shree Mataji. **It is sought to maintain this principle of Decentralisation in future.**

iv) **Principles of LETs:**

Objectives of the Trust as laid down by Shree Mataji are the main guiding principles for working of the LETs.

The LETs should undertake to follow **Her speeches/ books and to What She demonstrated by Her actions** in true form.

The LETs should undertake to **follow and adhere to the guidelines and Charter** of The Sahaja Yoga Central Committee of India (SYCCI).
<http://www.sycindia.org/charter-of-sahaja-yoga-cci/>

v) **Naming the Trusts :**

Newly established Trusts /legal bodies shall be formed with the **name of “The Life Eternal Trust, (Place)”**. This is because the **name “The Life Eternal Trust” is blessed by Her, carries vibrations and will always have Her divine attention.**

It may be noted that Shree Mataji never wanted nor formed a Trust with Her own name anywhere.

vi) **Necessity of forming more LETs in different parts of India:**

To spread Sahaja Yoga and Shree Mataji’s messages it is important to form many LETs across various parts of India, preferably to cover each district of India.

vii) **Criterion for formation. and registration of LETs:**

For formation and registration of LETs at various places, initially a committee of sahaja yogis can be formed there and once stability is achieved, after 6 or 12 months, the committee can form and register the LET with the assistance and support of SYCCI.



viii) **Sahaja Yoga Trusts / bodies having names other than LETs:**

Existing Sahaja Yoga Trusts/ bodies (like Shri P K Salve Kala Pratishthan or Vishwa Nirmal Dharma Society etc) having **names other than LETs can also be brought under united fold and integrated if they are independent and following same principles as the LETs.**

ix) **Role of SYCCI in formation of LETs:**

SYCCI and other LETs shall provide all assistance and support for formation of new LETs.

Initial Letter of support for the deserving committee shall be provided by the LETs. This will help them stabilise their activities and provide them with necessary recognition.

SYCCI GB members shall be designated as State Coordinator or State Joint Coordinator and they shall provide guidance and support for formation and stabilisation to the newly formed LETs. They can also form committees as per need.

x) **Integration of LETs on the Website – www.thelifeeternaltrust.org:**

All above LETs and associated bodies can be integrated on the website which shall contain details of :

- Formation date and Registration details
- Trust objects
- Name of Trustees
- Details of Centres
- Details of their projects, if any

Event page can provide details of the events conducted by the LETs

xi) **Sub-Group to assist in formation of LETs:**

A Sub-Group shall be formed for :

- providing assistance for formation of LETs
- identifying existing LETs and making efforts to resolve their issues
- and integrating all LETs under the CCI.



Annexure I

Objects : The Trust deed was drafted and signed by Her Holiness Shree Mataji Herself. The Trust deed contains 22 objects, which clearly describes HER vision of emancipating the entire mankind. These objects are as under :

OBJECTIVES of The Life Eternal Trust, Mumbai as laid down in the Trust Deed by Her Holiness Shree Mataji :

To facilitate the work of Mataji as follows:

1. To expedite the process of spiritual evolution by exciting the residual consciousness. Kundalini, to rise ultimately leading to self-realisation (Second Birth as defined in the Bible, the Koran, the Indian Scriptures and the great ancient prophets and sages all over the world).
2. To achieve the evolution described in the foregoing para through the method of “Sahaja Yoga” which means effortless, easy, relaxed method of meditation evolved by Mataji. To organize meditation centres for this purpose. This completely precludes all the external human efforts like rituals, worships, prayers, recitations, reading, renunciation (i.e. Sanyasa), worship of the preceptor (Guru) or any other physical expressions.
3. By the process, to reach a Zero point where one becomes effortless and starts feeling the play of the supreme. Ultimately to reach the stage where one loses the Ego (I) and one becomes one with the Creator and His creation.
4. To open the minds of people through meetings introducing “thoughtless awareness” which discovers the subtle which at present is lost in gross words, books and dogmas.
5. To introduce the only one internal living religion lying dead and camouflaged under external practices and precepts of religion in all the human beings and for this to organise tours and hold spiritual meetings as per wishes of Mataji.
6. To spread the news of the descent of the Divine Grace, with the help of self-realised disciples of Mataji.
7. To cure people of their physical and mental ailments by blessing them with divine healing touch of Mataji and other disciples who have developed their collective consciousness through self-realisation.
8. To give the taste of real joy that is within the self. To practice different methods of meditation evolved by Mataji and to hold meditation camps.
9. To create a new generation of self-realised people and to render motherly protection to all such children against evil intentions and to look after their well-being.

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10. To build and run Ashramas of Sadhakas for their use during Sadhana and to promote all activities expressing the new dimensions of creativity.
11. To introduce this work in School, Colleges and other institutions and groups and to run schools for younger people.
12. To improve the aesthetics of behavior and beauty by holding exhibitions of art, culture and music and through all activities which speak the universal language of love and beauty by developing the inner sense known as “Ati-Indriya”, that enlightens the subtle sensitivities.
13. To employ the energy of love to overcome hatred that is the cause of wars, disintegration and destruction by publishing and relating the spiritual experiences of Sadhakas which prove the universal laws of love.
14. To overcome the void between the material saturation and the unknown which is causing fear, restlessness, sleeplessness and tension leading to escapism from reality and false renunciation.
15. To print, edit and publish journals, books and literature written by Mataji and her disciples with her approval for conveying the knowledge of truth so that the human beings who are the highest in evolution, rise in their glory, dignity and freedom, as also for publicising the activities of the institutions run by the Trust.
16. To distribute to patients simple medicines and oils with Mataji’s vibrations and of any disciples on instructions from Mataji.
17. To hold press conferences to give a correct picture of the activities of cosmic powers by demonstration or by discussion, as well as of the Life Eternal institutions.
18. To collect books under the guidance of Mataji for libraries.
19. To build sanatoria, hospitals, nursing homes for the sick and invalid.
20. To counteract through mass spiritual power the destructive forces against spiritualism such as evil spirits, the cult of hypnotism, siddhis and the use of “religion” for the exploitation of the innocent.
21. To unite all genuine seekers of truth divided by dogmas and ignorance so that Satya Yuga (the Age of Truth) is born out of the present Kaliyuga (the Age of Darkness) rather than complete annihilation. To harness all the human resources to achieve this great task for which mass evolution will be needed.
22. To open, organise and run local centres of the Life Eternal Institution in various parts of India and in foreign countries, the centres being opened on the distinct understanding that meditation is the path of the entire human destiny, and that all barriers of states, nations and races are artificial and irrelevant to Life Eternal.

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Annexure II a and b

List of LETs and other bodies formed by Shree Mataji and thereafter (being updated)

S. No	Name of Trust/ Society	Place of registration State/City	Date of registration
1.	The Life Eternal Trust	Mumbai, Maharashtra	8/03/1972
2.	The Life Eternal Trust	New Delhi	25/08/1983
3.	The Life Eternal Trust/ Sahaja Yoga Kendra?	Bengaluru, Karnataka	10/09/1996
4.	The Life Eternal Trust	Chennai, Tamil Nadu	27/10/1999
5.	The Life Eternal Trust	Ludhiana, Punjab	
6.	The Life Eternal Trust	Amravati	11/03/1998
7.	The Life Eternal Trust	Bhopal, Madhya Pradesh	29/12/2000
8.	The Life Eternal Trust	Vidharbha, Nagpur	
9.	The Life Eternal Trust	Gujarat	
10.	The Life Eternal Trust	Lucknow, Uttar Pradesh	
11.	The Life Eternal Trust	Noida, Uttar Pradesh	
12.	The Life Eternal Trust	Jalgaon, Maharashtra	2/09/1999
13.	The Life Eternal Trust, Pune	Pune, Maharashtra	19/11/2013
14.	Shri P K Salve Kala Pratishthan	Vaitarna, Maharashtra	
15.	H H Shri Mataji Nirmala Devi Bhimavaram Sahaja Yoga Trust	Bhimavaram	
16.	Sahaja Yoga Society	Hyderabad	
17.	Vishwa Nirmal Dharma Society	Shrirampur, Maharashtra	15/06/1999
18.	H H Shri Mataji Nirmala Devi Undrajavaram Sahaja Yoga Collective Meditation Trust	Undrajavaram, Andhra Pradesh	
19.	Sahaja Yoga Society	Vishakhapatnam	
20.	Sahaja Yoga Society, WB	West Bengal	27/07/1999
21.	Vishwa Nirmal Dharma Society, Pune	Pune, Maharashtra	22/03/1990
22.	Late P K Salve Academy of Fine Arts and Music	Nagpur, Maharashtra	
23.	H H Shri Mataji Nirmala Devi Foundation (NGO)	Delhi	
24.	International Sahaja Public School Society	Dharamshala, HP	
25.	Sahaja Yoga Society	Kolkata, WB	
26.	Ahmednagar Zilla Sahaja Yoga Mandal	Ahmednagar, Maharashtra	
27.	The Life Eternal Trust	Vadodara, Gujarat	15/11/2017
28.	The Life Eternal Trust	Pilani, Rajasthan	9/07/2018
29.	The Life Eternal Trust	Sikar, Rajasthan	23/08/2019
30.	Vishwa Nirmal Dharm Charitable Trust	Satara, Maharashtra	20/11/2003