

Sahaja Yoga Central Committee of India

(Formed as per instructions given on July 20, 2008 by Mataji Shree Nirmala Devi, after Guru Puja)



Her Holiness Mataji Shree Nirmala Devi
(Founder of Sahaja Yoga)

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Jai Shri Mataji

“So the human nature is such that it identifies itself easily with untruth. Anything that is truthful, human beings find it very difficult to compromise. And the trouble with the truth is that it cannot compromise.”

“Mahamaya Swarupa,” Sahasrara Puja. Cabella (Italy), 8 May 1994

“So now you are the same, you are all angels now. Only thing you are not aware that you are angels while they were aware from their childhood. If you know that you are angels, all your qualities will start shining through, and you’ll be amazed that the quality of standing by the truth at any cost is so easily managed for you, because you have been given the right, you have been given the special blessings, the special protection from the Divine that if you stand for the right, and if you stand for the righteous, and if you stand for the truth, all kinds of help to protect you will be given.”

Shri Hanumana Puja. Margate (UK), 23 April 1989

A COMPARISON

BETWEEN

THE LIFE ETERNAL TRUST

AND

H H SHRI MATAJI NIRMALA DEVI SAHAJA YOGA TRUST

(commonly known as National Trust and referred to in this document as NDSY Trust)

*To create awareness about the truth, a comparison is made of the backgrounds of formation and working of **The Life Eternal Trust (LET)**, (formed as per vision of Shri Mataji) and **NDSY Trust** (formed as per the vision of Sir CP).*

This is important from the point of view of smooth conduct of the Sahaja Yoga affairs in India, as per the wishes and directions of Shri Mataji Nirmala Devi. This comparison, in no way, seeks to bifurcate and divide the sahaja yogis in India, but an attempt to enlighten and make them aware of the truth. This is an attempt “to unite all genuine seekers of truth divided by dogmas and ignorance so that Satya Yuga (the Age of Truth) is born out of the present Kaliyuga (the Age of Darkness)”.

We welcome the sahaja yogis to read it with an open mind with curiosity to know the truth. Truth is what it is, it can’t be changed. As Shri Mataji starts Her speeches with “I bow to the seekers of truth”, we urge the sahaja yogis to ask Shri Mataji and check vibrations of the Trust Deeds of these two Trusts and be guided by Her.

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<p><u>The Life Eternal Trust, Mumbai (LET)</u></p>	<p><u>H H Shri Mataji Nirmala Devi Sahaja Yoga Trust</u> (commonly known as National Trust, referred to in this document as NDSY Trust)</p>
<p><i>1. Formation</i></p>	
<p><u>The Life Eternal Trust, Mumbai (LET)</u> is the FIRST and the Oldest Sahaja Yoga Trust, formed by Her Holiness Shri Mataji Nirmala Devi on March 8, 1972, (within two years of opening the Sahasrara at Nargol on May 5, 1970) to promote and propagate Her work. Shri Mataji registered it with the Charity Commissioner, Greater Mumbai. Shri Mataji has used the word “Eternal“ which means perpetual or lasting for all time, without any beginning or end. Shri Mataji desired as early as in 1972 that this entity should remain eternal.</p>	<p><u>H H Shri Mataji Nirmala Devi Sahaja Yoga Trust</u> was formed on April 7, 2005 (35 years after the opening of Sahasrara / start of Sahaja Yoga).</p> <p>The Trust was formed by Sir CP and his team after Shri Mataji became silent. The signature on the Trust deed greatly differs from Her normal signatures (possibly due to administration of Medicines like Risperdal, as mentioned in Sir CP’s letter of 2005).</p>
<p><i>2. Objects of the Trust Deed</i></p>	
<p>The Trust deed objects were drafted by Shri Mataji and the Trust Deed was signed by Shri Mataji Herself. The Trust deed contains 22 objects, which clearly describes Her vision of emancipating the entire mankind. These objects are much beyond Sahaja Yoga and are given in Annexure A.</p>	<p>The Trust’s Deed contains 37 objects, which were drafted by professionals/ bureaucrats. Except for very few objects which pertain to sahaja yoga / spiritual evolution, most of the objects are socio - economic in nature, similar to the objects of an NGO/ socio-economic entity. The language is bureaucratic and not as per the vision of Shri Mataji.</p> <p>It talks of “Self Realisation through the medium of music, fine art and other mediums” which is contrary to Shri Mataji’s teachings which says self-realisation can be achieved only through Sahaja Yoga. It also talks of “storing of the classical music and fine arts created by the masters and pundits and also the speeches and works of H.H. Shri Mataji Nirmala Devi”. Clearly, Sahaja Yoga and Shri Mataji are not accorded the respect that is required.</p> <p>The objects are given in Annexure A.</p>
<p><i>3. Properties</i></p>	
<p>Sahaja yoga activities have been organized under this name since 1972. All the properties were bought by Shri Mataji in the name of this Trust viz; the lands at Nirmal Nagari-Ganapatipule, Shere-Pune, Kothrud Ashram-Pune, Aradgaon -(Rahuri),</p>	<p>No property was bought by Shri Mataji in the name of this Trust, as per information available with us. The land bought by the NDSY Trust at Linga, near Chhindwara, was not as per Shri Mataji’s Wishes. She</p>

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<p>International Sahaja Yoga Research and Health Centre-CBD Belapur, Sangam, Shri P K Salve Kala Pratishthan-Vaitarna...</p> <p>Numerous Sakar Pujas have been held on these properties and thereby vibrated by Shri Mataji. In fact, at Ganapatipule land, Sakar pujas have been conducted every year from 1985 to 2003, apart from numerous India Tours and seminars in the presence of Shri Mataji.</p>	<p>did not like the Linga land and did not want to stay there as per many eye witnesses.</p>
<p>4. Scope/ Merger of Trusts</p>	
<p>The Trust Deed authorizes the Trust to open, organise and run local centres of the Life Eternal Institution in various parts of India and in foreign countries. It is significant to note that She desired the opening of the centres of the Trust even in foreign countries. She clearly wanted the Trust to be Global in its activities.</p>	<p>The NDSY Trust has been projected as the National Trust since its formation in 2005. However, the Trust Deed does not refer to the Trust as the “National Trust”. The Trust deed also does not mention opening of the Centres in foreign countries.</p> <p>Positioning the 'H.H.Shri Mataji Nirmala Devi Sahaja Yoga Trust' as National Trust has no legal basis and is the root cause of most of the problems of Sahaja Yoga affairs in India. It gives perception of superiority to the NDSY Trust, by projecting NDSY Trust as an apex Trust for Sahaja Yoga in India.</p> <p><u>Merger of Trusts :</u></p> <p>Attempts were made to centralize all the Sahaja Yoga activities in India by merging all Sahaja Yoga Trusts into the NDSY Trust. Of the 11 Life Eternal Trusts, formed and in existence in India during Shri Mataji's Saakar Swarup, about 8 Trusts were made to pass a resolution to merge themselves with the NDSY Trust. Those Life Eternal Trusts are virtually in defunct status today with a lot of legal ramifications. As per the Auditor's observations then, NDSY Trust had merged these Trusts into itself without approval from Charity / Income tax Commissioner and had included in its own Balance Sheet, the expenses of the</p>

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	<p>immoveable properties that were in the name of merged Trusts.</p> <p>An Audit Committee was formed by Shri Mataji in 2004, for monitoring the operations of all Sahaja Yoga organisations in India. Even after formation of the NDSY Trust, the same Audit Committee was delegated the power to monitor all financial, accounting and legal matters of these Sahaja Yoga entities. Later on the task of evaluating the merger of other trusts in NDSY Trust was also referred to it. After evaluation, the audit committee submitted a report to Shri Mataji and to the Board of Trustees, stating that the merger of Trusts is not viable / legally possible.</p>
5. Meetings/ decisions	
As Chairperson of the Trust, Shri Mataji took all important decisions including appointment of trustees, purchase of properties etc.	Shri Mataji never addressed any meetings of the NDSY Trust , as per a key office bearer of the Trust.
6. Obedience to Her Instructions	
<u>What Shri Mataji clearly demonstrated by Her actions?</u>	<u>What Shri Mataji clearly demonstrated by Her actions ?</u>
<ul style="list-style-type: none">Shri Mataji held the Birthday pujas initially in Mumbai and thereafter in Delhi. She never had any Birthday pujas in Chhindwara.Shri Mataji had Christmas Pujas from 1985 to 2003 every year in Ganapatipule, Maharashtra and mentioned the significance of Ganapatipule in our spiritual evolution in many of Her Speeches. She mentioned this place as the place where Shri Ganesha is in complete mature form and also as the place of Mahaganesha where one can get cleared very easily.	<ul style="list-style-type: none">NDSY Trust started having the International Birthday pujas in Linga, Chhindwara from 2008. Shri Mataji did not like the Linga land and did not want to stay there as per many eye witnesses.NDSY Trust started having the International Christmas Pujas in Nargol, Gujarat. Shri Mataji never had any Christmas Puja in Nargol. Only one Diwali Puja was held there in 1995 there and She mentioned to one of the trustees that She was very discomfoted coming to Nargol.
7. Conclusion : What do we infer from Shri Mataji's words and actions?	
<ul style="list-style-type: none">The Life Eternal Trusts are the real legacy of Shri Mataji, formed as per Her vision and	<ul style="list-style-type: none">NDSY Trust is formed as per Sir CP's vision and was conceptualized, formed, organized,

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intended by Her to be in existence for perpetuity (Eternal), to carry Her work in India and abroad.

- **Decentralisation is the main distinguishing feature of LETs.** When immovable property was to be bought at Delhi, Shri Mataji formed The Life Eternal Trust, Delhi for operational convenience. She did not put it under the LET Mumbai and this continued further with formation of more LETs. She never wanted deep centralisation of powers associated with management of Sahaja Yoga activities.
- LET Mumbai, Delhi and many other Sahaja bodies and senior coordinators from all over India came forward to form the Sahaja Yoga Central Committee of India (SYCCI) in 2013 as per the instructions given by Shri Mataji, after Her Guru Puja Speech of 2008.

administered by Sir CP, and Shri Mataji had nothing to do with it. Appointments were made by Sir CP/ his team and not by Shri Mataji. The Rules and regulations of the NDSY Trust gave the Vice chairman- Sir CP, and some bureaucrats enormous veto powers. It was the exercise of these powers that led to the sacking of many trustees enmasse, by Sir CP in 2011.

- As per the Guru Puja speech of 2008, Her instruction is that Sahaja yogis form different groups and carry forward the work of self-realization. **She is talking of decentralization rather than centralization of Sahaja Yoga activities.**
- She instructed about formation of Central Committee in India, after the Guru Puja speech at Cabella on July 20, 2008 (<http://www.sycindia.org/background/>), despite the existence of the NDSY Trust then. **This implies that She wanted the Sahaja Yoga Central Committee in India (SYCCI) to oversee the Sahaja affairs in India, rather than the NDSY Trust.**
- NDSY Trust, till date has **not recognized SYCCI nor has it accepted to be a member of the SYCCI.** On the contrary, it had released a communication stating that the Trust itself is the Central Committee, which is against Shri Mataji's instructions.

All the Members of the Sahaja Yoga Central Committee of India

Dated : July 1, 2021.

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Annexure A

<u>The Life Eternal Trust, Mumbai (LET)</u>	<u>H H Shri Mataji Nirmala Devi Sahaja Yoga Trust</u> (commonly known as National Trust , referred to in this document as NDSY Trust)
<i>Objects as per Trust Deed</i>	
<u>OBJECTS of The Life Eternal Trust, Mumbai as laid down by H H Shri Mataji (in the order given in the Trust deed) :</u> <u>To facilitate the work of Mataji as follows:</u> 1) To expedite the <u>process of spiritual evolution by exciting the residual consciousness</u> i.e. Kundalini, to rise ultimately leading to self-realization (Second Birth as defined in the Bible, the Koran, the Indian Scriptures and the great ancient prophets and sages all over the world). 2) <u>To achieve the evolution</u> described in the foregoing para through the method of <u>“Sahaja Yoga”</u> which means effortless, easy, relaxed method of meditation evolved by Mataji. To organize meditation centres for this purpose. This completely precludes all the external human efforts like rituals, worships, prayers, recitations, reading, renunciation (i.e. Sanyasa), worship of the preceptor (Guru) or any other physical expressions. 3) By the process, to reach a <u>Zero point where one becomes effortless</u> and starts feeling the play of the Supreme. Ultimately to reach the stage where one loses the Ego (‘I’) and one becomes one with the Creator and His creation. 4) To <u>open the minds of people</u> through meetings introducing “thoughtless awareness” which discovers the subtle which at present is lost in gross words, books and dogmas. 5) To <u>introduce the only one internal living religion</u> lying dead and camouflaged under external practices	<u>OBJECTS of H H Shri Mataji Nirmala Devi Sahaja Yoga Trust (in the order given in the Trust deed):</u> Following shall be the objects of the Trust:- 1) To provide an institution or organization or Centre for <u>imparting any type of Technical & non Technical education</u> both short and long term including education in Music and arts. 2) To promote <u>professional education and courses</u> , both short and long term in Carpentry, smithy, Electrical wirings and fittings, Computer Software / Hardware, Agriculture, Organic farming, drip irrigation, Ayurved including Ayurvedic medicinal plants, alternate energy sources through natural forces, Indian classical music, both vocal and instrumental, and its theory and practices, the traditional art of painting in different mediums, drawing, sketching, graphics, printing, sculpturing, clay modeling, tracing, screen printing, embroidery, brocade work, handicraft and other faculties of fine art, etc. 3) <u>Arrangement of tours for students</u> of aforementioned institutions run by the Trust so that their skills may be demonstrated to others in India and abroad with the objective of <u>spreading Indian Art and culture and Expertise</u> . 4) To promote the process of spiritual evolution by raising Kundalini and <u>giving Self Realisation through the medium of music, fine art and other mediums</u> and to use these mediums for communicating “CHAITANYA” i.e. divine vibrations and eternal joy and bliss.

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| <p>and precepts of religion in all the human beings and for this to organise tours and hold spiritual meetings as per wishes of Mataji.</p> <p>6) To spread the <u>news of the descent of the Divine Grace</u>, with the help of self-realised disciples of Mataji.</p> <p>7) To <u>cure people</u> of their physical and mental ailments by blessing them with divine healing touch of Mataji and other disciples who have developed their collective consciousness through self-realization.</p> <p>8) To <u>give the taste of real joy</u> that is within the self. To practice different methods of meditation evolved by Mataji and to hold meditation camps.</p> <p>9) To <u>create a new generation of self-realised people</u> and to <u>render motherly protection to all</u> such children against evil intentions and to look after their well-being.</p> <p>10) To build and <u>run Ashramas</u> of Sadhakas for their use during Sadhana and to promote all activities expressing the new dimensions of creativity.</p> <p>11) To introduce this <u>work in School, Colleges and other institutions</u> and groups and to run schools for younger people.</p> <p>12) To <u>improve the aesthetics of behavior and beauty</u> by holding exhibitions of art, culture and music and through all activities which speak the universal language of love and beauty by developing the inner sense known as “Ati-Indriya”, that enlightens the subtle sensitivities.</p> <p>13) To <u>employ the energy of love to overcome hatred</u> that is the cause of wars, disintegration and destruction by publishing and relating the spiritual experiences of Sadhakas which prove the universal laws of love.</p> | <p>5) <u>To achieve evolution as described in the foregoing paragraph through practice of “Sahaja Yoga”</u> as taught and propagated by H.H. Shri Mataji Nirmala Deviji. ‘Sahaja Yoga’ as evolved by H.H. Shri Mataji means effortless, easy and relaxed method of meditation.</p> <p>6) To promote the vision of Shri Mataji Nirmala Devi Srivastava of one <u>united human family</u> regardless of caste, race, religion, nationality or culture, and further to provide <u>every possible assistance to other organizations</u> engaged in the advancement of the same message and vision through diverse activities.</p> <p>7) To teach people and help them in <u>curing their ailments through the practice of “Sahaja Yoga”, music and fine arts.</u></p> <p>8) To arrange <u>mass marriages</u> irrespective of caste, religion or race, with the Divine blessings and to encourage the sanctity of the monogamous marriage system.</p> <p>9) To <u>build and run ashram of Sadhaks</u> for their use during Sadhana, <u>old age homes for aged Sadhaks.</u></p> <p>10) To carry out <u>research work in indigenous, specially Ayurvedic Medicines</u>. For this purpose promote discovery of new herbs and plants and also maintain farm houses for growing such plants and herbs. To manufacture indigenous, especially Ayurvedic medicines.</p> <p>11) To <u>build and grow plants in farm houses through use of Sahaja Yoga vibrations, drip irrigation, and natural manure</u> (without the use of organic fertilizers & Pesticides, etc). To provide <u>opportunities for employment and training</u> for skilled and unskilled and other needy women in the plantation / manufacturing and marketing of herbs and medicines, to provide training in the preservation and processing of fruits, vegetables,</p> |
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- 14) To overcome the void between the material saturation and the unknown which is causing fear, restlessness, sleeplessness and tension leading to escapism from reality and false renunciation.
- 15) To print, edit and publish journals, books and literature **written by Mataji and her disciples with her approval** for conveying the knowledge of truth so that the human beings who are the highest in evolution, rise in their glory, dignity and freedom, as also for publicising the activities of the institutions run by the Trust.
- 16) To distribute to patients simple medicines and oils with Mataji's vibrations and of any disciples on instructions from Mataji.
- 17) To hold press conferences to give a correct picture of the activities of cosmic powers by demonstration or by discussion, as well as of the Life Eternal institutions.
- 18) To collect books under the guidance of Mataji for libraries.
- 19) To build sanatoria, hospitals, nursing homes for the sick and invalid.
- 20) To counteract through mass spiritual power the destructive forces against spiritualism such as evil spirits, the cult of hypnotism, siddhis and the use of "religion" for the exploitation of the innocent.
- 21) To unite all genuine seekers of truth divided by dogmas and ignorance so that Satya Yuga (the Age of Truth) is born out of the present Kaliyuga (the Age of Darkness) rather than complete annihilation. To harness all the human resources to achieve this great task for which mass evolution will be needed.
- 22) To open, organise and run local centres of the Life Eternal Institution in various parts of India and in foreign countries, the centres being opened on the distinct understanding that meditation is the path of herbs, and any other agricultural items and in handicrafts also.
- 12) To organize agricultural programs for both men and women such as animal husbandry, dairying, fisheries, handloom and handicrafts, vegetable and herb farming, bee keeping, social forestry and waste land development and khadi & cottage industry.
- 13) To **improve the aesthetics of behavior and beauty** by holding exhibitions of art, culture, music and technical skill.
- 14) To **bring transformation and provide love**, this will replace hatred and jealousy, which are the main causes of disintegration and destruction of divine value systems.
- 15) To carry out publishing & editing of magazines, journals, periodicals, books, pamphlets, and other literature written by Shri Mataji and Her followers and to sell them to general public with a view to propagate the teachings of Shri Mataji, Knowledge and practice of Sahaja Yoga, Indian culture and heritage and the message of truth, peace, unity, and harmony as envisaged by Shri Mataji.
- 16) To hold public programmes, exhibitions, seminars, press conferences, for explaining the activities of the institutions established by the Trust.
- 17) To build library of books, cassettes (audio and video), CDs, VCD's, DVD's, recorded albums, and such other latest technological devices and other means for storing of the classical music and fine arts created by the masters and pundits and also the speeches and works of H.H. Shri Mataji Nirmala Devi.
- 18) To develop, produce and prepare mass media such as telefilms, serials, and other media so as to create

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the entire human destiny, and that all barriers of states, nations and races are artificial and irrelevant to Life Eternal.

awareness amongst the masses for education in health, family welfare, mother and child care, prevention of Sexually transmitted diseases, HIV, AIDS, prevention of early marriage, removal of illiteracy, and all other social evils.

- 19) To establish, maintain and/or grant aid in cash & kind to hospitals, medical colleges, nurses training institutions, maternity clinics, convalescent homes, charitable and mobile dispensaries, medical laboratories, maternity homes, child welfare centers, orphanages and adoption centers, widow and old age homes and/or such other similar charitable institutions anywhere in India for the benefit and use of the general public.
- 20) To establish, support, run or grant aid and other financial assistance to institutions for young people such as schools, colleges, libraries, reading rooms, boarding houses and other institutions, at any place or places. To provide for youth training centers for youth and sports programs integration camps, aids awareness camps and yoga centers as well as to provide for programs that motivate and involve the youth in family planning.
- 21) To provide help to the needy, the destitute, the physically handicapped, widows, and the poor without any distinction of caste, color or creed.
- 22) To grant relief, during natural calamities, such as floods, famine, earthquake, fire pestilence and other calamities of similar nature and to give donations, subscriptions or contributions to institutions, establishments or persons during such relief work.
- 23) To engage, in the preparation, development and execution of any program of family welfare including family planning health care, health education, population education and family life education, including family planning directly and /

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	<p>or in collaboration with any other agency or agencies.</p> <p>24) To engage, encourage, cooperate, and provide necessary assistance and expertise in the sphere of <u>rural drinking water, nutrition, mobile health care and immunization</u>, and any other program for improving the quality of life of the people and to take up <u>integrated rural development projects for socio-economic development</u>.</p> <p>25) To organize and <u>provide nutritious diet to unfed or ill fed children</u> who suffer from malnutrition, both studying at school or living at home, or newly born babies, as well as ill, expectant and nursing mothers.</p> <p>26) To construct, maintain and repair <u>wells, tube wells, tanks, etc. for irrigation</u> and to provide basic amenities like <u>potable water</u> etc.</p> <p>27) To organize <u>meetings, conferences, seminars workshops, training program for population education, health education relating to socio economic development</u> for both urban and rural.</p> <p>28) To <u>receive grants in aid from central and state government undertakings, semi government, public or international bodies for carrying out the objects of the trust</u> which may form corpus of the trust also. Provided further that the trust shall maintain and render accounts to the granter, in such a manner or forms as may be prescribed as in terms and / or conditions of the grant or otherwise.</p> <p>29) To <u>apply and get land</u> for the construction of building, training centre, library and research centre from the central and state government so that activities of the Trust could be carried out.</p> <p>30) To establish <u>homes especially for destitute women, working women, old age homes, with grant in aid</u></p>
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	<p>from international agencies, government and any trust, organization or individual.</p> <p>31) To <u>adopt village/villages</u>, blocks/ Districts for integrated Rural Development Project / Family Welfare project.</p> <p>32) To establish homes/ <u>centres for blind</u>, especially with rehabilitation / vocational training programmes.</p> <p>33) To establish and / or grant aid for the establishment and maintenance of <u>parks, gymnasium, and sports complex</u> for the use of general public.</p> <p>34) To establish <u>water conservation, water harvesting schemes and soil conservation</u>.</p> <p>35) To establish projects for <u>Environmental up gradation</u> and ecological balance.</p> <p>36) To raise and administer the “FUND of the TRUST” by receiving donations, subscriptions, fees, gifts of moveable and immovable properties or money any other assistance to fulfill the above objectives of the TRUST and to undertake various projects and <u>raise funds</u> for the same for fulfilling the above objectives of the Trust.</p> <p>37) All the objects of the Trust will be achieved in such a manner that the <u>Charitable Character of the Trust is maintained</u>.</p>
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