

# **Sahaja Yoga Central Committee of India**

**Her Holiness Mataji Shri Nirmala Devi**  
(*Founder of Sahaja Yoga*)



## **“Sahaja Yoga Central Committee of India”**

### **Jai Shri Mataji.**

Following the instructions of Her Holiness Mataji Shri Nirmala Devi, given in Guru Puja 2008 speech, one more step ahead was taken for the fulfilment of Divine Vision. In continuation of the first meeting held at Delhi Ashram on 24<sup>th</sup> April 2013, another meeting of sincere, devoted and dedicated, young and old active Sahaja yogi representatives from all over the country was organised at Nirmal Dham on 19<sup>th</sup> May 2013.

Meeting commenced with the recitation of Mahamantras and Shri Ganesha Mantra for invoking the presence and blessings of Her Holiness Mataji Shri Nirmala Devi.

Mr. Des Raj Kaundal was appointed as chairperson of the meeting.

### **The following Sahaja Yogi Representatives participated in the meeting:**

1. Sh. Sudarshan Sharma, Maharashtra
2. Mrs. Kalpana Srivastava, Maharashtra
3. Sh. Praveen Jawalkar, Maharashtra
4. Sh. R.D. Bhardwaj, UP
5. Sh. K.C. Gupta, U.P.
6. Dr. (Mrs.) Deepti Singh, U.P.
7. Sh. Kapil Kumar, Gujarat
8. Sh. V.K. Sharma, Haryana
9. Capt. Sumer Singh, Haryana
10. Sh. Purshottam Mittal, Punjab
11. Sh. Pawan Prabhakar, Punjab
12. Capt. Bannerjee, Noida
13. Sh. Anil Arora, M.P.
14. Sh. C.N. Sharma, Bihar
15. Sh. Desraj Kaundal, Delhi
16. Sh. Suresh Bansal, Delhi
17. Sh. O.P. Chandna, Delhi
18. Dr. S.C. Nigam, Delhi
19. Sh. A.K. Mahajan, Delhi
20. Sh. S.C Rai, Delhi
21. Sh. N.P. Singh, Delhi
22. Sh. Vikaas Chaturvedi, Delhi
23. Smt. Shobha Prasad, Delhi
24. Sh. Naresh Soni, Delhi

**Some representatives could not participate in person due to their prior engagements, but they participated in absentia. They are as under:**

1. Dr. Rajiv Kumar, Maharashtra
2. Sh. Bhagwati Singh, Rajasthan
3. Sh. Karun Sanghi, West Bengal
4. Sh. Balaji Atluri, Andhra Pradesh
5. Smt. M. Lakshmi Baji, Andhra Pradesh

The draft resolution prepared in the last meeting was put before the esteemed delegates for discussion. All the paragraphs of the draft were read out one by one, thorough discussions made and as a result a **“General Body”** and a **“Sahaja Yoga Central Committee of India”** were unanimously constituted out of the participating delegates.

**The following 21 Sahaja Yogi representatives from different parts of the country were selected to the General Body:**

1. Sh. Sudarshan Sharma, Maharashtra
2. Dr. Rajiv Kumar, Maharashtra
3. Sh. Praveen Jawalkar, Maharashtra
4. Sh. R.D. Bhardwaj, UP
5. Dr. (Mrs.) Deepti Singh, U.P.
6. Sh. Kapil Kumar, Gujarat
7. Sh. V.K. Sharma, Haryana
8. Capt. Sumer Singh, Haryana
9. Sh. Purshottam Mittal, Punjab
10. Capt. Bannerjee, Noida
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12. Sh. C.N. Sharma, Bihar
13. Sh. Desraj Kaundal, Delhi
14. Sh. Suresh Bansal, Delhi
15. Sh. O.P. Chandna, Delhi
16. Dr. S.C. Nigam, Delhi
17. Sh. A.K. Mahajan, Delhi
18. Sh. Karun Sanghi, West Bengal
19. Sh. Balaji Atluri, Andhra Pradesh
20. Smt. M. Lakshmi Baji, Andhra Pradesh
21. Sh. Bhagwati Singh, Rajasthan

**“Sahaja Yoga Central Committee of India”** consisting of the following 11 members was selected out of the General Body members. They all are active, experienced, dedicated and spiritually evolved Sahaja Yogis having allegiance only to the Divine Mother and none else. The tenure of the present CC-India will be 3 years. However, the balance between change and continuity is very essential and a procedure to this regard shall be devised later.

1. Sh. Sudarshan Sharma, Maharashtra
2. Dr. Rajiv Kumar, Maharashtra
3. Sh. R.D. Bhardwaj, UP
4. Sh. V.K. Sharma, Haryana
5. Sh. Purshottam Mittal, Punjab
6. Sh. Anil Arora, M.P.
7. Sh. C.N. Sharma, Bihar
8. Sh. Desraj Kaundal, Delhi
9. Sh. Suresh Bansal, Delhi
10. Dr. S.C. Nigam, Delhi
11. Sh. Bhagwati Singh, Rajasthan

**To perform the task of CC-India, with the consent of all the participants, it was decided;**

- a) **that** the CC-India shall communicate with all Sahaja Yoga Centres and collectivities of the country and abroad and inform them of the formation of this Body.
- b) **to** set up office of the CC-India at Nirmal Dham, Delhi.

- c) **that** some members of this committee shall be assigned the job of contacting personally/telephonically all collectivities / individual Sahaja Yogis and invite them to dedicate to the cause of Sahaja Yoga Central Committee of India.
- d) **that** all possible assistance shall be provided to them. The type of assistance to be provided should be decided by the CC- India. In case of differences of opinion the decision shall be taken with at least 2/3<sup>rd</sup> majority vote.
- e) **there** shall absolutely be no financial transactions in the name of 'Sahaja Yoga Central Committee of India' at present. This body shall not have any authority to collect contributions or accept donations from any individual or any centre of Sahaja Yoga. The CC-India shall practice and encourage accountability, transparency and Sahaja Methods, without getting involved in financial and property management.
- f) **that** all the decisions for the fulfilment of the duties and effective functioning of CC- India shall be taken by the chosen members after detailed discussions and deliberations with General Body members. All the decisions should, however, be based on the following **Guiding Principles**:
1. The Sahaj Yoga Central Committee of India dedicates itself, in words and action, only to the teachings of Adi Shakti Mataji Shri Nirmala Devi. She has done everything for the benevolence of mankind by giving Self Realisation, Her compassion and love to them. She has clearly mentioned all the protocols (Maryadas) for the Sahaja Yogis. Also has She warned of the enemies of Sahaja Yoga. All the Rules and Regulations of the Central Committee, as such, should strictly be based on the teaching of Her Holiness Shri Mataji. CC-India shall preserve the purity of Sahaja Yoga principles and values as taught and practiced by Her Holiness Mataji Shri Nirmala Devi.
  2. The Sahaja Yogis are the worshippers of Shri Mataji. She is all powerful, Sakshat Shri Adi Shakti. Her religion is the religion of Love and Compassion. The Divine Mother, rules our hearts and souls. **She is Almighty. No individual or institution should, therefore, claim or act as a successor of Shri Mataji Nirmala Devi.**
  3. Talking of the enemies of Sahaja Yoga Shri Mataji told time and again that no outsider can harm Sahaja Yoga. It is only the people in the garb of Sahaja Yogis who will cause damage to this Divine Movement. The following tendencies, She said, are the worst enemies of Sahaja Yoga:
    - a) Lust for Power
    - b) Lust for Money and properties
    - c) Commercialisation of Sahaj Yoga.

Despite the warnings of Her Holiness Shri Mataji, unfortunately, these negativities have silently crept in Sahaj Yoga system. **So it becomes the duty of the Sahaja Yoga Central Committee of India to create awareness about the sugar coated damaging moves amongst all Sahaja Yogis, Centres and Sahaja Collectivities of the country and Global Sahaja Family.**

4. With all compassion, love and persuasion, Power and Money hungry people should be discouraged, dissuaded, desisted and brought round to act and follow the tenets of Sahaja Yoga. Unnecessary accumulation and centralisation of Money and properties should be discouraged. Local trusts and Sahaja Yoga institutions shall be autonomous to manage their own affairs.
5. Expenses incurred upon Pujas, Programmes and Seminars are to be shared by the Participants and this golden tradition must be continued. However contributions should not be forced upon Sahaja Yogis and deprive many seekers from attending pujas and programmes.
6. **That in no way there should be any commercialisation of Sahaj Yoga.** Audio, Video Cassettes, DVDs, CDs of the Speeches of Shri Mataji and other Sahaja literature is meant for the seekers of

truth. These are guidelines for Sahaja Yogis and spiritual Treasures. All the Sahaja Literature should be managed by a body/Board of capable, well read, well versed Sahaja Yogis who value it and could give required time to this Holy Task.

**7. That Sahaja literature should be made available to the seekers on no profit /subsidised basis so that everyone could have access to it.** In no way Sahaja literature and music should be exploited for profit making. Since all the discourses of Shri Mataji and every word She uttered before Sahaja Yogis, are meant for the benevolence and ascent of Sahaja Yogis, these are spiritual properties bequeathed to seekers by the Divine Mother who incarnated on this earth for the salvation and protection of Her Bhaktas (Devotees). These are not the intellectual property of an individual. **Any individual or institution, as such, has no right to claim ownership of it. Any such move, therefore, be collectively discouraged/ challenged/thwarted.** Every Divine word that fell from the lips of the Divine Mother, be printed and translated in as many languages as needed through joint efforts of CC - India and CC - international and be made available to the Bhaktas the world over. SY Central Committee of India should channelize all efforts in this direction keeping Sahaja World family well informed about it.

**8.** With the advancement of technology and excessive materialistic bent of some modern Sahaj Yogis, efforts are afoot to make Sahaja Yoga High Tech. In the words of Shri Mataji "Sada Shiva and Adi Shakti are ancient (Without beginning or end)". They cannot be modernised. So there should be no effort to modernise Sahaja Yoga. Realisation should be given the way Shri Mataji has taught. There should be no hesitation to use the photograph because it emits divine vibrations. Shakti flows from it. Realisation given without the acceptance of the Shakti will not be stable. **We should never try to create our own Sahaja Yoga at the behest of such over enthusiastic intelligentsia.** Awareness to this regard should be created by the Central Committee.

**9.** The only work for Sahaja Yogis is to spread the message of love and compassion of Her Holiness Mataji Shri Nirmala Devi – to spread Sahaja yoga in every nook and corner of this earth. This is only way we could fulfil the Divine vision of Shri Mataji. It should therefore be the top priority of Central Committee of India to apply itself to this divine task and provide all possible help and guidance to any centre or collectivity in need of it.

**10.** The Central Committee should in its annual meeting decide the venue of seminar/puja/event to be organised at different places and times. All the events will be organised by the local city/state coordinators and they will be authorised to handle all the financial affairs of that particular event. No outside organisation / institution shall interfere in it. However all possible help shall be provided by CC - India.

**11.** It is more than three years that Shri Mataji assumed Her Param Chaitanya (Virata) Form, but none of the Sahaja Yoga Organisations, for one or other reasons, has taken any keen initiative to build up a Magnificent Shrine on the MahaSamadhi of Shri Mataji at Nirmal Dham for which lot of additional land is required. The SY Central Committee of India, after its constitution, should awaken the Global Sahaja Yoga Family to this cause and work for the construction of the Unique Shrine.

**12.** All National Puja/Seminar/Programme circulars will be issued by CC- India.

**13.** Ritualism and Sahaj fanaticism will be discouraged by CC- India and awareness to this effect shall be created.

**14.** The SY Central Committee of India, if called for, shall endeavour to resolve areas of differences and conflicts amongst trusts and Sahaja Yoga institutions within the country and abroad.

**15.** The SY Central Committee of India shall work closely with 'International Central Committee' and look forward to fruitful cooperation with it.

16. The CC- India shall respect the process of consultation, meditation, vibratory assessment and consensus finding. The only guiding principle of all interactions shall be; “What would please Shri Mataji” and help us workout the fulfilment of Her vision.
17. After realisation, the attainment of collective consciousness is the first step to get established in the kingdom of God. Collective meditation helps strengthen this state. The CC- India shall, therefore, encourage programmes of collective meditations and give all possible help to achieve this end.
18. The CC- India shall discourage any effort to alter the teachings of Shri Mataji or misuse them to serve individual / personal ends.
19. The CC- India believes that adhering to the teachings of Shri Mataji and remaining in the maryadas of Sahaja Dharma, all Sahaja Yogis are free to work out their ascent. Financial contribution to Sahaja Yoga is voluntary and in no way should it be forced upon any Sahaja Yogi or collectivity.
20. The CC- India shall make available to all the centres, the information about national / international events.
21. The CC- India abides by Sahaja Yoga dharma and protocols, whose holiness and purity shall be respected and protected. We are not meant to extract material advantages from roles or functions in Sahaja Yoga. No bureaucratic elite and no caste of priests shall be needed. No Sahaja Yogi shall be oppressed, forced or manipulated against his/her free will.
22. That no such person shall teach Sahaja Yoga whose personal life is not with conformity with the standard of Sahaja Dharma. Those with criminal records in their pre-Sahaja lives should not be brought in front line for spreading / teaching Sahaja yoga. As we wish to spread / teach Sahaja yoga, we should judge ourselves and introspect before taking to it. We should all be motivated and guided by Divine love and compassion and in no way should we lower the standards of ethics and morality taught by Shri Adi Shakti.
23. This charter can be reviewed and evolved at any time in the light of experience and through consultations with General Body members, coordinators of state centres, LETs and other dedicated Sahaja yogis deemed beneficial to this cause.

**The meeting ended with vote of thanks and offering Pranams to Shri Mataji asking for Her Protection, Guidance and Blessings.**



(Desraj Kaundal)  
**Chairperson**